

MOUNTAIN BIKE (Cycling)



AGE GROUP(S)

Female and Male: 11-14 years of age
(Born between January 1, 2008 and July 20, 2012) Age
as of December 31, 2023

ZONE TEAM COMPOSITION

The maximum team size shall be:

8 athletes per Zone	(# of females 4	# of males 4)
	2 female: U13 (11-12)	2 males: U13 (11-12)
	2 female: U15 (13-14)	2 males: U15 (13-14)
2 coaches or managers/chaperones per Zone	(# of females 1	# of males 1)

FILL POLICY

The sport fill policy will allow vacant positions to be filled based on number of riders per Zone in each age/gender category. If a fill is required for any Zone, the Zone with the highest number of participants in the age/gender category in question has the first opportunity to fill. If this Zone is not able to fill the position(s), then the opportunity will be given to the Zone with the next highest participation in the stated age/gender category.

Example: If Zone A does not have a U13 female, the Zone with the highest number of U13 female Zone qualifier participants will be given first opportunity to fill that spot.

If one age group in a Zone has been filled by a certain gender and that Zone has more participants to fill, there will be opportunity to fill in any vacant positions in another age group for that specific gender after the initial fill policy has been implemented (see above).

Example: If Zone A has filled the U13 female spot and has another U13 female available, they will be allowed to fill the U15/U17 spot if it is vacant, only after all the other Zones have gone through their U13 female Zone qualifier participants based on the initial fill policy.

Fills must be submitted for approval to the Provincial Sport Coordinator by **June 20, 2023**.

ELIGIBILITY

Athletes

- National team members are not eligible to compete at the Alberta Summer Games.
- Mountain Bike athletes will compete for the Zone in which they **reside**.

For Alberta Games Eligibility Policy information please visit www.albertasummertimegames.ca

Coaches

- **NCCP Certification**- A minimum of one (1) staff member of each Zone registered as a coach will be required to have completed “**Trained**” status in [Community Initiation](#).
- Course Requirements:
 - ◆ “Community Initiation, Cycling Foundations”,
 - ◆ “Community Initiation, Basic Cycling Skills”,
 - ◆ NCCP Make Ethical Decisions
 - ◆ NCCP Emergency Action Plan
 - ◆ Practice Planning

SPORT TECHNICAL PACKAGE

- **Screening** - Coaches must adhere to the [Volunteer Screening Policy](#) and follow all safe sport policies. Record checks must be submitted to the ABA
- All Coaches and chaperones must be at least eighteen (18) years old by the start of the Alberta Games.

AFFILIATION

All cyclists at the Alberta Summer Games must have obtained a Cycling Canada racing license through the Alberta Bicycle Association (ABA). Contact the ABA at (780) 427-6352 or check out www.albertabicycle.ab.ca for licensing information and membership details.

A special \$30 racing license is available for Alberta games and may be applied to a Junior UCI racing license at the completion of the Games.

ALBERTA GAMES –ATHLETE REGISTRATION FEE AND DEADLINE

All Zone team athletes, who qualify to compete at the 2023 Alberta Summer Games, are required to pay an individual registration fee of \$80.00. This fee will offset the costs related to Games transportation, accommodation, meals, Zone identification, medals, athlete entertainment and sport competitions.

Please note that the registration deadline for MTB is **June 17, 2023**.

EVENTS

Day 1 (Friday) Practice Day & Cross Country Sprint
Day 2 (Saturday) Cross Country
Day 3 (Sunday) Team Relay (morning)

Cross Country Optimal Winning Times		
Category	Min. Optimal Winning Time	Max. Optimal Winning Time
Female U13/U15	35m	50m
Male U13/U15	35m	50m

UCI/CCC/ABA Regulations will govern the event.

Each zone can enter a relay team. Relay Teams will be comprised of three (3) riders (with at least one female) made up of riders from either age group.

PROTEST PROCEDURES

Protests must be in written format accompanied by a \$20 payment to the Chief Commissaries at race completion. Payment will be refunded if protest upheld.

EQUIPMENT SPECIFICATIONS

Equipment must meet all specifications as outlined in the UCI Mountain Bike regulations.

ENTRY AND ZONE PLAYOFF PROCEDURES

A one (1) day Mountain Bike event will be held in each Zone to determine the athletes for the Zone team. Multiple Zones may work together to host combined qualifiers, as well as

hosting qualifiers as a part of regularly scheduled Alberta Cup XC events. Clubs may hold pre-qualifiers with eliminations prior to the final qualifier.

No qualifier races to be hosted after **June 11, 2023**.

To determine the date and location of the Zone playoffs/selection please visit www.albertabicycle.ab.ca/ab-summer-games or www.albertasummergames.ca

PROVINCIAL SPORT COORDINATOR

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ZONE SPORT REPRESENTATIVE

Each of the eight (8) Zones has a designated Cycling Alberta - Zone representative. The list of Mountain Bike Zone Sport Representatives is shown below:

ZONE	NAME	CONTACT
ZONE 1	Masa Higuichi	Email: masa.higuichi@gmail.com
ZONE 2	Jamie Lamb	Email: jme.lamb@gmail.com
ZONE 3	Petrina Tulsi	Email: cyclingcentre@gmail.com
ZONE 4	Dwayne Homan	Email: homanfive@gmail.com
ZONE 5	Albert Nguyen	Email: albertnguye@gmail.com
ZONE 6	Shantel Koenig	Email: sjkoenig@ucalgary.ca
ZONE 7	Lori Brough	Email: lbrough@telus.net
ZONE 8	Heather Lothian	Email: heather@albertabicycle.ab.ca