

SPEED SKATING

AGE GROUP

Group 1

12-13 year old Males & Females

Group 2

14-15 year old Males & Females

Competitors who have reached the age of 12 on June 30, 2023 but have not reached the age of 16 as of June 30th, 2023.

Year of birth: July 1, 2007 - June 30, 2011 inclusive.



ZONE TEAM COMPOSITION

The maximum team size shall be:

12 athletes per Zone (# of females 6 # of males 6)

2 coaches or 1 chaperone & 1 coach per Zone (# of females 1 # of males 1)

Seed times achieved between August 1, 2023-December 10, 2023 in an SSA and/or SSC sanctioned event. Personal best seed times will be used to rank the skaters in every zone.

The top 3 ranked skaters/gender from each age class category (Group 1 & Group 2) in each zone will have earned a spot on the Alberta Winter Games Team.

FILL POLICY

If there are any vacancies in any of the categories, the position can be filled based on the following priorities:

1. First opportunity will be given to the host zone (Zone 8) by filling from the gender of the category (Group 1 or Group 2) where there are empty positions.
2. If there are still any remaining positions, the next opportunity is to the remaining zones in the same age and gender category (Group 1 or Group 2) based on the Provincial Ranking List for that category (Group 1 or Group 2).
3. If there still remain open positions, then the zone with empty positions will fill using the other gender. Zones will use the highest provincially ranked skater(s) in their respective age category (Group 1 or Group 2) of the opposite gender. If skaters in different ages are ranked the same by using points in their own age category (Group 1 or Group 2), then the tie will be broken by using the fastest 400m time (12/13 yr olds) or the fastest 500m time (14/15 yr olds) between August 1st and December 10, 2023.
4. If there are still remaining spots in a category (Group 1 or Group 2), then the host zone may fill using the other gender, using the same ranking system as in point 2.
5. If there are still remaining positions in an age category (Group 1 or Group 2) then the other zones may fill using the highest ranked skaters from any zone based on the same ranking system from point 2.
6. If there are no times for the current season, the previous year's times will be considered for a fill position.

*Fills must be submitted for approval to the Multisport Games Unit by **January 16, 2024**.*

ELIGIBILITY

Athletes

- All Skaters who fall into the AWG age groups who are registered as competitive members of Speed Skating Alberta.
- Alberta Provincial Team members in levels: B2, B1, A3, A2, A1 are NOT eligible to participate prior to August 1, 2023 (this is relevant for the 14/15 yr olds but not the 12/13 yr olds).
- Alberta Provincial Team members at the Development level ARE eligible to participate.
- Athletes must compete in the Alberta Games Zone in which they reside.

Athletes seventeen (17) years of age, or athletes turning seventeen (17) during the Alberta Games, are NOT eligible to attend the Games. For Alberta Games Eligibility Policy information please visit www.albertawintergames.ca

Coaches

- **NCCP Certification** - For the (2) named coaches per Zone, the Head Coach must be fully certified AND up to date with PD points, under the National Coaching Certification Program (NCCP) at the Intro to Comp Level. The other coach can have a 'trained' status in either the Fundamental or Intro to Comp levels. If the second team member is a chaperone they do not have to be a certified or trained coach.
- Coach Applications will be reviewed and selected by the AB Selections Committee.
- Successful coaches and chaperones must have a current police and vulnerable sector check completed [Safe Sport](#) & [Respect In Sport for Activity Leaders](#).

All coaches and chaperones must be at least eighteen (18) years old by the start of the Alberta Games.

AFFILIATION

All skaters must be a member in good standing of Speed Skating Alberta through an Alberta club that is also in good standing.

ENTRY AND ZONE PLAYOFF PROCEDURES

There will NOT be any stand alone zone qualification competitions. Each zone will submit the identified seed times (400m + 1000/2.5 for youth 12-13 and 500m + 1500m/3 for Junior 14/15).

Group 1: 12/13 will skate on the 100m track.

Group 2: 14/15 will skate on the 111m track.

Seed times must be submitted to the Technical Director (technicaldirector@aassa.ca) by: **December 10, 2023.**

The top 3 ranked skaters/gender from each age class category (Group 1 & Group 2) in each zone will have earned a spot on the Alberta Winter Games Team.

To determine the date and location of Zone playoffs/selection please visit www.albertaspeedskating.ca or www.albertawintergames.ca

PROVINCIAL GAMES REGISTRATION FEE AND DEADLINE

All Zone team athletes, who qualify to compete at the 2024 Alberta Winter Games (excluding coaches and chaperones), are required to pay an individual registration fee of \$80.00. This fee will offset the costs related to transportation, accommodation, meals, Zone identification, medals, athlete entertainment and sport competitions. This fee is payable to your provincial sport organization and must accompany the athlete's registration form for the Provincial Games.

Please note the registration deadline for Speed Skating is **January 16, 2024**.

EVENTS

Short Track

Group 1: 12-13

Group 2: 14-15

Day One

1500 H/F; 400m H/S/F; 2000 relay heat

1500m H/F; 500m H/S/F, 3000m relay heat

Short Track

Group 1 : 12-13

Group 2 : 14/15

Day Two

800 H/F ; 1000 Super Final, 2000m relay final

1000m H/S/F ; 3000m Relay Final

Note: Medals will be awarded per gender, per distance to the top three skaters in Group 1 (12-13) and Group 2 (14/15) and to the top three relay teams/gender/age group (Group 1 & Group 2).

Group 1: 400m A Final, 800m A Final, 1500m A Final, 1000m Superfinal A Final, 2000m relay A Final

Group 2: 500m A Final, 1000m A Final, 1500m A Final, 3000m Relay A Final

The **1000m super final** (Group 1: 12/13 yr olds) will be determined by the using the best 400m time skated on Saturday. If the skater fell or was unable to complete any of the 400m races, their 400m seed time coming into the competition will be used.

This must be approved by the Technical Director by the end of the racing day on Saturday.

Note: A relay team shall consist of four (4) from the same Zone.

Teams will be Group 1: 12/13 Female & Male; Group 2: 14/15 Female & Male.

Teams of mixed ages must skate in the older category.

Note: Zones that are unable to create a four (4) person relay team can create a mixed zone relay team. Mixed zone relay teams will be organized by the zone coaches.

Relays with mixed zone teams **ARE** eligible for medals but **ARE NOT** eligible for zone points.

Seed Times

Seed times will be taken from competitions: August 1, 2023-December 10th, 2023

Group 1: 12-13: 400m + 1000/2.5

Group 2: 14-15: 500m +1500m/3

Race Composition & Format

Racing composition (ie: # of skaters on the line and advancements) will follow the 2023/24 SSC Master Bulletin describing the CYST and Junior Open 14/15.

PROTEST PROCEDURES

Prior to the Games: Any question or disputes shall be directed to the Provincial Sport Coordinator. The Alberta Winter Games Selection Committee will resolve all disputes. Appeals will be directed to the Alberta Winter Games Appeals Committee. Appeal decisions will be final.

During the Games: As above.

EQUIPMENT SPECIFICATIONS

Lane helmet covers will be used (in conjunction with e-timing and video replay). Video replay is not mandatory.

All ST equipment as per D3-100 in the [SSC Red Book](#)

PROVINCIAL SPORT COORDINATOR

Lorelei St Rose
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 2500 University Drive NW
 Calgary, Alberta T2N 1N4
 Telephone: (250) 961-0893
 Email: technicaldirector@aassa.ca
 Website: www.albertaspeedskating.ca

ZONE SPORT REPRESENTATIVE

Each of the eight (8) Zones has a designated Judo representative. To contact your Zone sport representative please see the list below and contact information for each Zone sport representative (to be confirmed).

Zone	Name	Contact
Zone 1	Greg Ogilvie	rgogilvie@hotmail.com (403) 593-2113
Zone 2	Denise Wheelhouse	denise.wheelhouse@me.com
Zone 3	Marika Nadal	marika.nadal@calgaryspeedskating.ca (587) 897-1221
	Zackary Lacroix	laczach@gmail.com
Zone 4	Nick Schultz	njschultz15@gmail.com (403) 588-9378
Zone 5 and 6	Chris Padbury	cgp128@yahoo.ca (780) 686-0770
Zone 7	Taylor Luchynski	t.luchynski@gmail.com (587) 888-6440
Zone 8	Owen Cook	cook.oc@gmail.com (780) 618-7572